



VINHOMOE



**VINAYAKA MISSION'S
RESEARCH FOUNDATION**
(Deemed to be University under section 3 of the UGC Act 1956)
(Accredited by NAAC & Ranked in NIRF)



**VINAYAKA MISSION'S
HOMOEOPATHIC MEDICAL
COLLEGE & HOSPITAL**
(NABH Accredited Hospital)



Volume : 1 Issue : 4

Quarterly E- News Bulletin

Oct - Dec 2021

Co-Sponsored by VMHMC&H Old Students Association

Bulletin Board

Managing Editor : Dr. E. Rathnasabapathi, M.D. (Hom), Editor : Dr. A. Praveen Kumar, M.D. (Hom),
Student Editors : Dr. A. Shanmathi (PG), S. Sanjuktha (I yr)

Editorial...

With the Blessings of our heavenly Founder Dr. A. Shanmugasundaram and our Father Dr. Hahnemann, I am happy to bring forth the 4th Quarterly E-bulletin of Vinayaka Mission's Homoeopathic Medical College and Hospital for the year 2021. I am overwhelmed to be a part of this E-Bulletin. It is a unique experience for me and I am indebted to the Management, Principal, Staffs, students and Alumni's for being instrumental for this E-bulletin. I am thankful to the student editors who had extended full co-operation right from the beginning.

I believe that education is a wonderful instrument that destroys bonds of ignorance and design for the Goodness and lead towards the supremacy of solid successful life. Our whole hearted efforts are to enlighten the students with the challenges in education and make them capable to compete with the world.

We can see the glimpses of compassion and empathy in the contributions we have received. This E-bulletin is an open window for our students, staffs, Alumni's who will know that as an Institution, we are destined for a bright future. With their immense support and rich contributions which we now proudly present it for your reading pleasure. We tried to make this issue comprehensive, concise, accurate and appealing and it should be a fair representation of our College events and it mirrors our potentials. The article published in this issue deserves heartiest congratulations to the respective authors.

I would like to Inform you all, that our college has planned to conduct VIN WISDOM -2022, a Two days International Webinar on February 16th and 17th, 2022 with the Exclusive and renowned speakers. I request the readers to reserve the dates in your schedule to Participate in this webinar and make the event a successful one.

Lastly I wish you all a very Happy New Year 2022 and let us believe that darkness happened in last year due to the second wave of Covid-19 Pandemic will vanish with brightness of this new year and we all should be responsible to enlighten and be dedicated for the betterment of this suffering Community.

Enjoy Reading...

Dr. A. Praveen Kumar, M.D. (Hom),
Editor

ACADEMIC ACTIVITIES

WORLD MENTAL HEALTH DAY PROGRAM

Department of Psychiatry Celebrated "World Mental Health day" at "Bodhimaram Old Age Home", Yercaud Adivaram, Salem on 07.10.2021. In this programme Mrs. Rajarajeshwari Proprietor of Old Age Home welcomed the Gathering and Dr. K.S. Lalithaa, Professor & HOD, Department of Psychiatry gave a speech about World Mental Health day in the presence of Psychiatry PG Student's Dr. Nusrath H Fathima, Dr. A. N Parameshwari, Dr. Vikram. S and Dr. Vishnupriya. V. During this Programme various screening and training were given to all the old age people like Psychiatric Counseling, Health Check up, Yoga Training, Laughing Therapy and Recreation Games etc. About 32 people benefited in this Programme and Finally Lunch has been provided to all the old age people.



PARTICIPATION - WORLD MENTAL HEALTH DAY PROGRAM



Dept of Psychiatry, Vinayaka Mission's Kirupananda Variyar Medical College & Hospital Celebrated World Mental Health Day on 10.10.2021, In this Celebration Various Event were organized like Essay writing, Poem writing, Story writing. In this event, Our Vinayaka Mission's Homoeopathic Medical College & Hospital, Salem (A Constituents College of VMRF-DU) UG & PG Students participated and have won several Prizes.

ESSAY WRITING COMPETITION (ENGLISH)

- 1ST - Dr.T.ALAGU MANIVANNAN (MD Homoeopathic Pharmacy Part II)
2ND - Ms.SARATHOMAS (I yr BHMS)

POEM WRITING COMPETITION (ENGLISH)

- 1ST - Dr.T.ALAGU MANIVANNAN (MD Homoeopathic Pharmacy Part II)

POEM WRITING COMPETITION (TAMIL)

- 1ST - Ms. SOUNDARYA (CRRI BHMS)

STORY WRITING COMPETITION (ENGLISH)

- 1ST - Dr.T.ALAGU MANIVANNAN
(MD Homoeopathic Pharmacy Part II)

STORY WRITING COMPETITION (TAMIL)

- 1ST - Ms. JOYCE MARIA (I yr BHMS)

BEST 5 IDEAS/SUGGESTIONS COMPETITION

- 1ST - Dr.T.ALAGU MANIVANNAN
(MD Homoeopathic Pharmacy Part II)

Dr WILLMAR SCHWABE MERIT AWARD 2021-22

Dr. Willmar Schwabe Merit Award' 2020-21 Program was organized by Career and Counselling Cell for 30th Batch Interns on 25.10.2021 at PG Seminar Hall. The Dr. Willmar Schwabe India, Pvt. Lrd has presented Merit Awards for the first three rank holders of the year 2015 - 16 Batch students. All 30th Batch Internees participated in the program.

- The First Rank Holder **Dr. Angela. S** was awarded with a **Gold Medal**, Certificate and Drugs worth of Rupees 11,000/-.
- The Second Rank Holder **Dr. Vanitha. R** was awarded with a **Silver Medal**, Certificate and Drugs worth of Rs. 8,000/-.
- The third rank holder **Dr. Priyatharshini. M** was awarded with **Bronze Medal**, Certificate and Drugs worth of rupees 7,000/-.



SEVA SAMARPAN (AZADI KA AMRIT MAHOTSAV) PARTICIPATION

Our Student Batchu Venkata Koushik of III-B.H.M.S Successfully participated and completed Seva Samarpan Quiz Finale.

PhD VIVA VOCE EXAMINATION

Our Faculty Members Dr. E. Rathnasabapathi and Dr. H. Venkatesan have completed their PhD Public Viva Voce Examination on 15.11.2021 at the PG Seminar Hall, VMHMCH, Salem.

Scholar Name / Registration No.	Research Supervisor	Thesis Title
Dr. E. Rathnasabapathi HOMOE17B01	Dr. Sunny Mathew, Professor, VMHMCH, Salem	A Clinical Study of Poor School Achievers with Difficulty in Learning Academic Skills Between the Age Group of 8 -12 Years with Homoeopathic Remedies
Dr. H. Venkatesan HOMOE17B05	Dr. Sunny Mathew, Professor, VMHMCH, Salem	'Systematic Review' of 'Homoeopathic Therapeutic Trials' Published in Peer Reviewed Journals



VALUE ADDED COURSE

- “Basic functionalities of MS office” for I -B.H.M.S students was conducted by Dr.V.Amirthalingam, Associate professor & Dr.S.Senthilkumar, Assistant Professor, Dept. of Computer science, VMKV Engineering college, Salem for 30 Hours from 9.11.21 to 13.12.21. and an exam was conducted on 22.12.21. All the I-B.H.M.S students got passed in this exam.
- “Communication Skills Programme” for I B.H.M.S Students was conducted by Ms.S.Priyadarshini, Assistant professor & Ms.A.Divya, Assistant Professor, Dept. of English, VMKV Arts and Science College, Salem for 30hrs from 15.11.21 to 18.12.21.

HOSTEL REVIEW MEETING

Hostel Committee organized a 4th Quarterly Hostel Review Meeting with the Hostel students on 19.11.2021 . In this meeting Hostel Renovation, Covid 19 protocol, Utilisation of hostel amenities, Utilisation of library hours, Hostel Mess, Students Grievances were discussed with the Hostel students.

The hostel committee members Dr S Sathishkumar, Dr R Srivaishnavi, Dr K.R Binisha and 70 Hostel students (Boys & Girls) were present during the meeting.



EDUCATIONAL VISIT – DEPT OF COMMUNITY MEDICINE



Department of Community Medicine Conducted an Educational Visit as per National Commission for Homoeopathy & Vinayaka Mission's Research Foundation - Deemed to be University Curriculum of Final BHMS to Sewage Treatment Plant in VMKV Medical College & VMHMC&H, Salem from 24.11.2021 to 26.11.2021. The team consists of 95 Students of Final BHMS and Department HOD.

PARENTS & TEACHERS MEETING

“4th Quarterly Parents & Teachers Meeting” with the parents of I, II, III & IV BHMS students, PG students and Class Coordinators (U.G & P.G) on 30.11.2021 in online mode - Zoom platform. In this meeting, Academic Activities, Student centric activities, Hostel, Winter vacation, Covid 19 preventive measures, Parents feedback were discussed. The Class Coordinator's, Meeting Coordinator and Parents were present during the meeting.



FACULTY DEVELOPMENT PROGRAM ON LIFE SKILLS – JEEVAN KAUSHAL



"Faculty Development Program on Life Skills – Jeevan Kaushal" was organized on 06.12.2021 & 07.12.2021. The Program was inaugurated by our Principal Dr. E. Rathnasabapathi. The Resource Person Prof. Dr. C. S. Ramanigopal, General Secretary, The Indian Chamber of Commerce & Industry, Salem delivered a lecture on Life Skills – Jeevan Kaushal on Day 1 - First session on Communication skills followed by Second Session on Professional Skills, Day 2 - Third session on Leadership & Management skills, and Fourth session on Universal Human Value. Around 30 Teaching Faculty members have Registered & attended the Program. There was a pre-test and Post test also held during this Faculty Development Program.

FACULTY ACHIEVEMENTS

Dr K. Rajamanickam, Professor & HOD, Department of Pharmacy is appointed as Board of Studies members of Homoeopathy (PG) under Rajiv Gandhi University of Health Sciences, Karnataka, Bengaluru, for 3 years.



VISITED – BOYS AND GIRLS HOSTEL

The Principal and Hostel committee visited boys and girls hostel on 24.12.2021. A meeting was convened in VMKVEC campus to discuss about students pending hostel & Mess fee, Food menu and other Amenities for students.

WHITE COAT CEREMONY



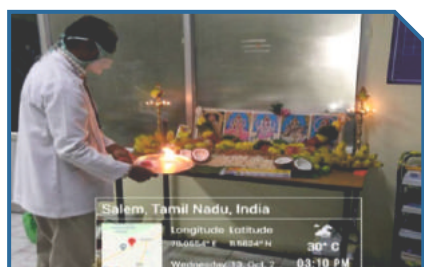
BHMS - 2020 -2021 BATCH



BHMS 2018- 2019 BATCH

FACULTY PRESENTATIONS AT LMHI GLOBAL COLLOQUIUM 2021

- Prof. **Dr. J. Senthilkumar**, Head, Department of Repertory has Presented his Poster Titled "*Is it an Isopathic Remedy or Indicated Similia? The Role of an Indicated Nosode, as an Acute Shot in a Pandemic*" at the LMHI Global Colloquium 2021 organized by 'Liga Medicorum Homoeopathica Internationalis' on 09.12.2021.
- Prof. **Dr. H. Venkatesan**, Head, Department of Practice of Medicine has Presented his Oral and Poster Presentation Titled "*Systematic Review of Homoeopathic Therapeutic Trials Published in Peer Reviewed Journals*" at the LMHI Global Colloquium 2021 organized by 'Liga Medicorum Homoeopathica Internationalis' on 12.12.2021. The Paper has been Co-authored by Prof. **Dr. Sunny Mathew**, Department of Materia medica.



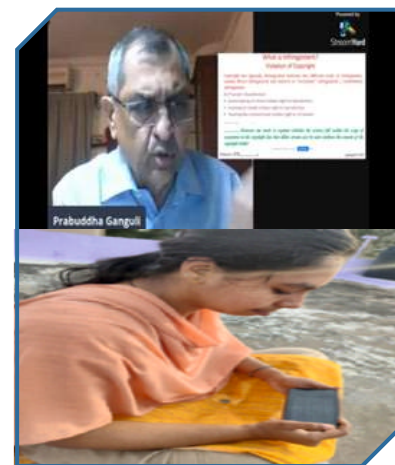
« CELEBRATIONS »

AYUDHA POOJA CELEBRATION

Vinayaka Mission's Homoeopathic Medical College & Hospital, Salem Celebrated "**Ayutha Pooja**" in our College Campus on 13.10.2021. Teaching & Non Teaching Staffs participated in this Programme.

NDLI

GLOBAL EVENT ON -UNDERSTANDING COPYRIGHT AND ITS IMPLICATIONS IN OUR DAILY LIVES was organized by the NDLI Club Central Team for 2514 pan India NDLI Clubs on 07thOCTOBER 2021 through Youtube Platform. In This Webinar Resource person Prof. Prabuddha Ganguli , CEO- Vision IPR, CO-PI-NDLI gave a detailed presentation .He taught Intellectual Property Rights (IPR) such as Patents, Trademarks, Industrial Designs Registration, Copyright, Geographical Indications enable the management of rights of a creator including options for fair and equitable benefit sharing arrangement between the creator and users of the creations of a creator. From our institution NDLI CLUB Around 223 members participated in this programme.



GLOBAL EVENT ON -Can India become the Artificial Intelligence (AI) Superpower? was organized by the NDLI Club Central Team for 2617 pan India NDLI Clubs on 12thNOVEMBER 2021 through YOUTUBE Platform In this address to the event, Mr.Abhishek Singh, CEO of the Indian Government's National E-Governance Division (NeGD) gave the detailed presentation. From our institution NDLI CLUB Around 308 members participated in this programme.

GLOBAL EVENT ON –Future of career in Technology was organized by the NDLI Club Central Team on 16th December 2021, through YOUTUBE Platform. In This Webinar Resource person **Mr.Kishore Balaji, Director, Policy and Technical Affairs for India and South Asia, Intel Corporation**, gave a detailed presentation. From our institution NDLI CLUB Around 223 members participated in this programme.



RESEARCH, INNOVATION AND EXTENSION ACTIVITIES



Vinayaka Missions Homoeopathic Medical college has been certified by MoE's Innovation cell , Ministry of Education, Govt of India for establishing Institution Innovation Council (IIC) for the calendar year 2020-2021 On 6.12.2021.

Vinayaka Mission's Research Foundation(DU) – Student Research Grant Proposals Approved

S.No.	Institution Name	Name of PG Student	Name of the Project	Unique Id	Recommended/ Not Recommended	Student Research Grant Sanctioned in Rs.	Time Duration in Months
1	Vinayaka Mission's Homoeopathic Medical College & Hospital	Dr.A. Vettrivel	Pro Apoptotic Potential of High and Ultra-High Dilution of Cordyceps Sinensis on Various Carcinoma Cell Line	VMRF/VMHMCH/SG/2021-22/1	Recommended	10000	1.5
2	Vinayaka Mission's Homoeopathic Medical College & Hospital	Dr.M.Akillasurya	An Experimental Study on Effect of Homoeopathic Medicines in Fungi Toxic Activity on Alternaria Solani	VMRF/VMHMCH/SG/2021-22/2	Recommended	10000	4
3	Vinayaka Mission's Homoeopathic Medical College & Hospital	Dr.M.Avanthi	Spectroscopic Changes in the Quality of Homoeopathic Dilutions due to External Stimuli	VMRF/VMHMCH/SG/2021-22/3	Recommended	10000	2
4	Vinayaka Mission's Homoeopathic Medical College & Hospital	Dr.S.P. Mary Adharshna	A Comparative Study of Inhibitory Effects of Swietenia Mahagoni and Syzygium Jambolanum on Hydrolyzing Enzymes	VMRF/VMHMCH/SG/2021-22/4	Recommended	10000	2

CME PROGRAMME

All the CME Programmes were conducted through Online Virtual Mode due to current Pandemic situation.

S.NO	DATE/TIME	RESOURCE PERSON	CME TOPIC	NUMBER OF STUDENTS & CRRI PARTICIPATED	NUMBER OF PG'S & PhD SCHOLARS PARTICIPATED	NUMBER OF STAFF'S PARTICIPATED	TOTAL
1.	08.10.2021 2 - 4 PM	DR.E.S.M.SARAVANAN MBBS.,DPM.,DNB (PSYCH- NIMHANS), CONSULTANT PSYCHIATRIST, ERODE	"Positive Promotion of Mental Health – Integrating in our Clinical Approach"	120	30	05	155
2	26.11.2021 2 - 4 PM	DR.SANDHYA KALIDAS, ASSOCIATE PROFESSOR, DEPT OF COMMUNITY MEDICINE, VENKATESWARA HOMOEOPATHIC MEDICAL COLLEGE, CHENNAI, RESEARCH ASSOCIATE – PURE PHARMA RESEARCH CORPORATION (US)	"Is Fever a friend or foe – Homoeopathic Perspective"	100	40	06	146
3.	16.12.2021 2 - 3 PM	DR. G. NAGENDRA BABU, MD(HOM)., RENOWNED PRACTITIONER IN CHENNAI, INTERNATIONAL SPEAKER, "THE BEST DOCTOR AWARD" PRESENTED BY TN DR. MGR MEDICAL UNIVERSITY, AUTHOR OF THEBOOK "COMPREHENSIVE STUDY OF ORGANON"	"Application of Palliation in Practice"	80	30	05	115

PROFESSOR EMERITUS GUEST LECTURE PROGRAMME

S.NO	DATE	TIME	RESOURCE PERSON	TOPIC	STUDENTS PARTICIPATED
1	20.10.2021	2 - 4 PM	PROF. DR.ESWARA DAS, MD(HOM), PH.D., FORMER ADVISOR,MINISTRY OF AYUSH, GOVT. OF INDIA,FORMERDIRECTOR, NATIONAL INSTITUTE OF HOMOEOPATHY,KOLKATA	"FallaciesInHomoeopathic DrugDynamisation andRecent ScientificInvestigations" "Homoeopathy in Dermatology"	Postgraduate Students and Ph.D scholars
2.	23.10.2021	2.30PM- 4.30PM	PROF. DR. CHATURBHUJA NAYAK, DHMS(HONS),DIP.NHI(HONS), MD(HOM), PH.D., FORMER ADVISOR, MINISTRY OF AYUSH, GOVT. OF INDIA, FORMER DIRECTOR, NATIONAL INSTITUTE OF HOMOEOPATHY, KOLKATA.	"Research Paper Publication" Session -I	Postgraduate Students and Ph.D scholars
3.	10.11.2021	2 - 4 PM	PROF. DR. CHATURBHUJA NAYAK, DHMS(HONS),DIP.NHI(HONS), MD(HOM), PH.D., FORMER ADVISOR, MINISTRY OF AYUSH, GOVT. OF INDIA, FORMER DIRECTOR, NATIONAL INSTITUTE OF HOMOEOPATHY, KOLKATA.	"Research Paper Publication" Session - II	Postgraduate Students and Ph.D scholars
4.	17.11.2021	2 - 4 PM	PROF. DR.ESWARA DAS, MD(HOM), PH.D., FORMER ADVISOR,MINISTRY OF AYUSH, GOVT. OF INDIA,FORMERDIRECTOR, NATIONAL INSTITUTE OF HOMOEOPATHY,KOLKATA	"Fallacies in Homoeopathic Drug Dynamisation and Recent Scientific Investigations Session - II"	Postgraduate Students and Ph.D scholars
5.	10.12.2021	2 - PM	PROF. DR.ESWARA DAS, MD(HOM), PH.D., FORMER ADVISOR,MINISTRY OF AYUSH, GOVT. OF INDIA,FORMERDIRECTOR, NATIONAL INSTITUTE OF HOMOEOPATHY,KOLKATA	"Health care and Relevance of Homoeopathy"	Postgraduate Students and Ph.D scholars
6	17.12.2021	2.30 - 4.30 PM	PROF. DR. CHATURBHUJA NAYAK, DHMS(HONS),DIP.NHI(HONS), MD(HOM), PH.D., FORMER ADVISOR, MINISTRY OF AYUSH, GOVT. OF INDIA, FORMER DIRECTOR, NATIONAL INSTITUTE OF HOMOEOPATHY, KOLKATA.	"Ethics in Publication"	Postgraduate Students and Ph.D scholars

DEPARTMENT GUEST LECTURE PROGRAMMES

S.NO	TIME	DATE	RESOURCE PERSON	TOPIC	STUDENTS PARTICIPATED
1	11 AM - 1.00 PM	30.10.2021	DR. J. HARIKRISHNA PILLAI, PROFESSOR & HOD. DEPT OF COMMUNITY MEDICINE, DR. PADIAR MEMORIAL HOMOEOPATHIC MEDICAL COLLEGE HOSPITAL, ERAKULUM, KERALA.	Mental Health & 02, Disaster Management	IV BHMS
2.	2-4 PM	17.11.2021	DR. L. GIRIJA, MD(HOM), ASSOCIATE PROFESSOR, DEPARTMENT OF GYNECOLOGY AND OBSTETRICS, SARADA KRISHNA HOMOEOPATHIC MEDICAL COLLEGE, KULASEKARAM	Dysfunctional Uterine Bleeding & Infertility	III BHMS
3.	9-11 A.M	21.12.2021	Dr. RESHMY K.R., M.D(HOM), PROF. & HOD, DEPT. OF PHYSIOLOGY	Homeostasis & Regulatory Mechanism of our body	I BHMS

IQAC ACTIVITIES

DEDICATED ROUND THE CLOCK (24x7) HELPLINE FOR WOMEN IN DISTRESS AWARENESS PROGRAMME

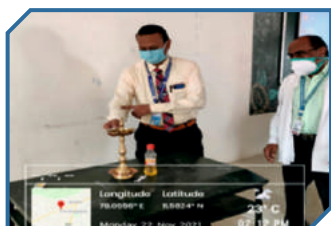
Women Empowerment cell and Internal Complaints Committee Jointly organised a special program on 22.10.2021 and released the Helpline number which is given by NCW for safeguarding the women society and giving psychological counselling in time of their distress time. Prof Dr K Radha, Chairperson of Women Empowerment cell welcomed the gathering, Prof Dr.D. Esther Deva Ramya Chairperson of Internal complaints committee gave a speech about the NCW and gave the helpline no to the students, Dr Priyanka, Dr Sahana, Dr Sakthi Yazhini presented powerpoint on the topic Awareness about Harassment and What to do in the time of crisis, Finally Dr. R. Srivaishnavi, Assistant Professor gave the vote of thanks. In this Programme women Teaching & Non Teaching Faculties, UG & PG Girls Students participated.



IQAC WORKSHOP - PARTICIPATION

Dr. A.S. Shivasaravanan, IQAC Coordinator has participated in “Two Days Workshop on Preparedness for the NAAC Peer Team Visit” organized by IQAC of Vinayaka Mission's Research Foundation – Deemed to be University, Salem, Tamil Nadu from 16.11.2021 to 17.11.2021 at VMS Dental College, Salem.

FINISHING SCHOOL PROGRAMME



Career Guidance and Counselling Cell organized a -“Finishing School Programme – 2021” for 31st and 32nd Batch Internees from 22.11.2021 to 27.11.2021, for Six days. Each Day had two Sessions – 2:00 p.m to 3:00 p.m (Session-I) and 3:00 p.m to 4:00 p.m (Session-II).

- Vinayaka Missions University (VMRFDU) conducted a Zoom meeting on Oct 29, 2021 02:00 PM Topic: IIEC - Meeting with IIC Coordinators. In this meeting To identify a place for IIC in the respective institution, To fix a name board, To display details of activities carried out, Monthly report, Mentor-Mentee Institutions, Identifying Regional Coordinators from our senior institutions to help our other sister institutions were discussed



“Three Days workshop on NAAC preparedness for the PEER Team Visit” - 01.12.2021 to 03.12.2021.



E-Content Development Training for Faculty Members - 17.12.2021



Student Council Meeting - 23.12.2021



Opening of “Suggestion Box” in front of the Grievance Redressal committee on last day of Every month

HOSPITAL ACTIVITIES



World Arthritis Day Awareness Program - 12.10.2021



Life Skills – Jeevan Kaushal For 31st & 32nd Batch Internee's - 13.12.21



Awareness on AIDS by CRRI - 01.12.2021

UG COURSE COMPLETION PROGRAMME

"UG Course Completion Programme" on 01.11.2021. Core of the programme focused on the reviews of 2015th Batch students of our College, the farewell inspirational speech by Dr. E. Rathnasabapathi, Principal cum Medical superintendent, VMHMC&H and Dr. S. Gokulakannan, Professor & NSS Coordinator, VMHMC&H conveyed best wishes for their career. 81 CRRI participated and shared their reviews about their course.



INNOVATIVE QUIZ 2021

"Innovative Quiz 2021" for 32nd Batch CRRI on 15.11.2021. Four rounds were conducted like multiple choice questions, Rapid Fire, Look Image and Diagnose it and Tic Tac toe. 55 CRRI were divided into Group - A, Group - B, Group - C and Group - D. **Winner:** Group C scored 24.5 Marks. **Runner:** Group D scored 18 marks. The Quiz was conducted by Medical Officers and Coordinated by Principal cum Medical Superintendent Dr. E. Rathnasabapathi, VMHMC&H, Salem



NABH Hospital Infection Committee of Vinayaka Mission's Homoeopathic Medical College and Hospital (A Constituents of VMRF-DU) organized **"Biomedical Waste Management Training"** for hospital staffs and Nonteaching staffs on 18.11.2021. Dr. M. S. Ashvini, RMO and Dr. N. Keerthidha, Medical Officer of VMHMC&H trained the employee's about the BMW policy and procedures of VMHMC&H and created awareness about how to handle biomedical waste. 22 employees participated in the training programme.



Code Blue training and Mock drill on 8.12.2021.



Code Pink training and Mock drill on 14.12.2021.



Hand Hygiene training and Mock drill on 20.12.2021



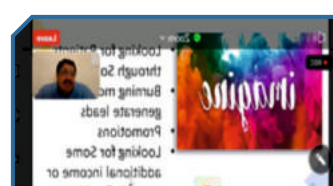
Code Brown training and Mock drill on 20.12.2021



Code Red training and Mock drill on 21.12.2021



Awareness Programme on "Opportunities after BHMS" on 28.10.2021 by Dr. Mansoor Ali, M.D.(Hom)



Awareness Programme On "How to Set Up Online Global Practice on 30.10.2021 by Dr. Jawahar Shah, M.D(Hom) PG Hom London.



INDUCTION TRAINING PROGRAMME

"Induction Training Programme" was organized for 33rd batch CRRI on 01.12.2021. Dr. E. Rathnasabapathi Principal cum Medical superintendent initiated with motivation and encouraged the interns to become successful doctors. He gave a broad overview of the CRRI training for next one year and explained about minimal payment details towards registration, medicine and investigation. Medical officers Dr. M. Subhashini and Dr N. Keerthidha gave a orientation towards OPD and IPD documentation protocol. Dr. T. Satesh, Assistant Professor, narrated gave an orientation on ethics to be followed during CRRI programme. 19 CRRI participated in the training programme.

INSTITUTIONAL SOCIAL RESPONSIBILITIES-N.S.S & R.R.C

N.S.S, Red ribbon club, Environmental club, Union and State Government initiative activities has been conducted with the active participation of our Students.



"NSS - Clean India Campaign" "Azadi ka Amrit Mahotsav" 1.10.2021 to 31.10.2021.



"Rashtriya Ekta Diwas Pledge Programme" 31.10.2021.



World Diabetes Day 15.11.2021



"National Constitution Day Pledge & Preamble Programme (Samvidhan Divas)" - 26.11.2021



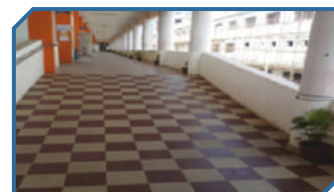
"Rally In World Aids Day Programme" organized by District AIDS Prevention & Control Unit (DAPCU), Salem 01.12.2021



Exhibition on awareness about "One time use of plastics" was organized by Environmental Students club on 15.12.2021.



Environmental Students Club created INDOOR GARDEN with emphasis on the need for oxygen for survival.



ALUMNI

ALUMNI VISIT TO THE INSTITUTION



1996 Batch on 7.11.2021 - "25years of togetherness".



1991-92 Batch Honored Principal Dr.E. Rathinasabapathi, on eve of 30th year celebration on 21.12.2021 at our college campus and handed over 25 books worth of Rs. 5000/- to Principal towards Book bank to the college Library.

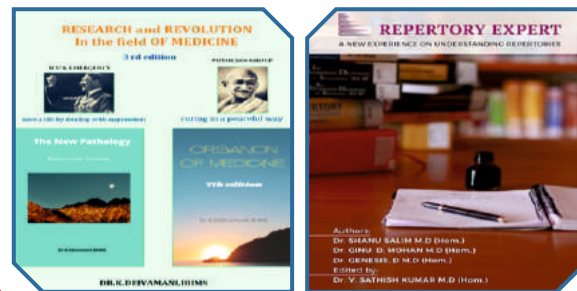
ALUMNI-OLD STUDENTS ASSOCIATION INAUGURATION - KERALA CHAPTER

Vinayaka Mission's Homoeopathic Medical College & Hospital, Salem, Tamil Nadu Alumni Old students Association - Kerala Chapter was inaugurated on 19th December 2021 by Dr. P.K. Sudhir, Hon'ble Vice Chancellor, VMRF (Deemed to be University), Salem, Tamil Nadu. In this event Dr. E. Rathnasabapathi, Principal, VMHMC, Dr.G. Kannan, General Secretary of Alumni, Dr. D. Ahilan, Alumni and old students attended in this programme at Hotel King Fort, Dr.A.Shanmugasundram Hall, Kozhikode.



ALUMNI ACHIEVEMENT

- Dr.K. Deivamani B.H.M.S, Alumni 1996 Batch is the author of Books-"Research and Revolution in the field of Medicine", "Organon of Medicine", "The New Pathology".
- Dr. Shanu Salim, M.D. (Hom)., Dr. Genesis .D, M.D. (Hom)., of 2008 UG Batch are authors of Book - "Repertory Expert"



ARTICLES

SNAP SHOT PRESCRIPTION IN CLINICS



Dr .C.Rajalakshmi MD [Hom], PG[DND]
Associate Professor, Dept of Repertory,
Vinayaka Mission's Homoeopathic
Medical College & Hospital,
(A Constituent college of VMRF-DU)
SALEM.

Abstract

Amazing skills of human mind leads to extraordinary prescription in the hour of emergency. One can quickly decide the seemingly indicated similimum with the knowledge of materia medica.

Key word

Snap shot, emergency prescribing, acute prescribing, and intuitive prescribing, off – hand prescribing.

Introduction - There are 3 methods of prescription such as

- Totality of symptoms
- Snap shot prescription
- Pathological prescription.

Snap shot prescription – It is based mainly on

- Causation
- Key note
- PQRS
- Quick repertorization
- Organ remedies
- Near specific remedies

In any emergencies like asthmatic attack, epileptic convulsion, cardiac crisis, postpartum hemorrhage, cerebral accident all these calls for the supreme therapeutics skill of a Hahnemannian physician. In such case the remedies should flash on the mind of the physician. That is why Hahnemann greatly emphasized

the judgment at bedside as the supreme one in the life of the medical profession.

The selection of medicine for the patient in a critical situation is a challenging task for the doctor which would appear like a snap shot prescription.

It is appropriate here to cite Kent and boger in support of snap shot prescription. Single remedy rubrics in Kent's repertory are extremely useful for curative and successful prescription. Card repertory and J.H.Clarke clinical repertory also has rubrics and remedies.

In snap shot prescribing we are actually drawing from our reservoir of knowledge of material medica in relation to the disease at hand.

Few examples

1. Dread of cold water – physostigma
2. Nausea at smell of food-colchicum,lycopodium
3. Nausea at sight of food – lycopodium, sabadilla, spigelia
4. Hunger at night – psorinum, lycopodium, ignitia
5. Aversion to cold food-lycopodium

Conclusion –

In snap shot prescription time allowance does not permit consulting any book of reference. This is emergency prescribing. A physician having good knowledge of homoeopathic material medica can prescribe with certainly for the patient in an emergency as snap shot prescription. But it should never be misused in good illustrated cases.

KNOW ABOUT KLINEFELTER'S SYNDROME AND HOMOEOPATHIC CONSIDERATIONS



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Abstract: Klinefelter's syndrome, gynecomastia,small penis and testicles, 47XXY karyotype

Synonyms: XXY syndrome, Klinefelter-Reifenstein-Albright syndrome, Klinefelter syndrome.

Klinefelter's syndrome affects approximately 1 in 1000 males and is usually associated with a 47XXY karyotype. However, other cytogenetic variants may be responsible, especially 46XY/47XXY mosaicism. The principal pathological abnormality is dysgenesis of the seminiferous tubules. This is evident from infancy (and possibly even in utero) and progresses with age. By adolescence, hyalinization and fibrosis are present within the seminiferous tubules and Leydig cell function is impaired, resulting in hypogonadism.

SYMPTOMS OF KLINEFELTER SYNDROME :

Klinefelter syndrome doesn't usually cause any obvious symptoms early in childhood, and even the later symptoms may be difficult to spot. Many boys and men don't realise they have it. Possible features, which aren't always present, may include:

- In babies and toddlers – learning to sit up, crawl, walk and talk later than usual, being weaker, quieter and more passive than usual
- In childhood – shyness and low self-confidence, problems with reading, writing, spelling and paying attention, mild dyslexia or dyspraxia, low energy levels, and difficulty socializing or expressing feelings
- In teenagers – growing taller than expected for the family (with long arms and legs), broad hips, poor muscle tone and slower than usual muscle growth, reduced facial and body hair that starts growing later than usual, a small penis and testicles, and enlarged breasts (gynecomastia).
- In adulthood – inability to have children naturally (infertility) and a low sex drive, in addition to the physical characteristics mentioned above.

COMPLICATIONS

Most teens with Klinefelter syndrome aren't likely to have major health problems. But the condition can bring challenges later in life. For example, guys with Klinefelter syndrome may be more likely to get some types of cancer and other diseases, like type 2 diabetes and osteoporosis, a condition where the bones become weaker later in life. As men, most guys with Klinefelter syndrome can have sex, usually with the help of testosterone treatment. But problems with their testicles prevent them from making enough normal sperm to father children. Fertility researchers are working on new treatments. By the time a teen with Klinefelter syndrome is ready to become a dad, there may be new options available related to the extraction of sperm from the testicles.

DIAGNOSIS AND TESTS

Your doctor will start with a physical exam and questions about your symptoms and general health. He'll likely examine your chest, penis, and testicles and do a few simple tests, such as checking your reflexes. Your doctor may then run two main tests:

Chromosome analysis: Also called karyotype analysis, this is a blood test that looks at your chromosomes.

TREATMENTS FOR KLINEFELTER SYNDROME

There's no cure for Klinefelter syndrome, but some of the problems associated with the condition can be treated if necessary. Possible treatments include:

- Testosterone replacement therapy
- Speech and language therapy during childhood to help with speech development
- Educational and behavioural support at school to help with any learning difficulties or behaviour problems
- Occupational therapy to help with any co-ordination problems associated with dyspraxia · Physiotherapy to help build muscle and increase strength
- Psychological support for any mental health issues
- Fertility treatment – options include artificial insemination using donor sperm or possibly intra cytoplasmic sperm injection (ICSI), where sperm removed during a small operation are used to fertilise an egg in a laboratory
- Breast reduction surgery to remove excess breast tissue.

HOMOEOPATHIC APPROACH

RUBRICS

BBCR REPERTORY

MIND - Intellect, impaired, mental exhaustion, weakness of, etc. - dull, obtuse

MIND - Learning to speak, late in

GENITALIA - Male organs- atrophy

SEXUAL IMPULSE - Impotency and weakened power

SEXUAL IMPULSE - Sexual desire - weak, diminished; too

SYNTHESIS REPERTORY:

MIND - BEHAVIOR PROBLEMS - children; in

MIND - CONFIDENCE - want of self-confidence

MALE AND FEMALE GENITALIA/SEX - WEAKNESS of sexual organs and functions

MALE GENITALIA/SEX - SMALL - Penis

MALE GENITALIA/SEX - SMALL - Testicles

MURPHY REPERTORY

Mind - CONCENTRATION, general - difficult

Mind - DULLNESS, mental

Male - ATROPHY, genitalia - atrophy, penis

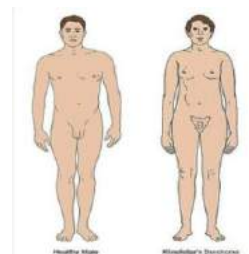
KENT REPERTORY

MIND - DULLNESS, sluggishness, difficulty of thinking and comprehending

MALE GENITALIA - ERECTIONS, - wanting (impotence)

MALE GENITALIA - ATROPHY - Penis

MALE GENITALIA - ATROPHY - Testes





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